

THE POWER LIST: 60 MOST POWERFUL INFLUENCERS

JOTHY NARENDRAN

CO-MANAGING PARTNER
JASPAN SCHLESINGER LLP

Jothy Narendran is co-managing partner of Jaspan Schlesinger, a Garden City-based full-service law firm that has more than 50 attorneys in its Garden City and Westchester offices. Narendran also chairs the firm's banking and financial services practice group. With 25 attorneys and legal assistants, the banking and financial services group is one of the largest practices on Long Island. Narendran represents institutional and private lenders in a variety of commercial real estate financing transactions. These include acquisition and construction loans, equipment financing, leasehold financing, multi-lender participation/syndicated financing, real estate investment trust and interest rate swap transactions, revolving credit facilities, letters of credit, industrial development agency transactions, Section 1031 exchanges and reverse exchange loans, mezzanine and structured financing and defeasances.

In addition to banking and finance, the firm, which is more than 75 years old, has concentrations in commercial litigation, education law, municipal law, real estate, land use and zoning, tax certiorari and condemnation, and estates and trusts.

Narendran dedicates much of her time to helping others as illustrated by her involvement with a number of charitable, educational and business-related organizations. She is the board president of Spectrum Designs and was recently appointed chair of the board of governors of the Touro University Jacob D. Fuchsberg Law Center. In 2021, she chaired the virtual Go Red for Women Long Island campaign event as a former board member of the American Heart Association's Long Island chapter.

LIBN recognized Narendran earlier this year with inclusion on the Power 25 in Law list, as well as the Diversity in Business Award and Top 50 Most Influential Women in Business Award in prior years. She has also been named to LIBN's Who's Who Women in Professional Services. Touro Law Center presented her with the Paul S. Miller Award in 2021 and the Public Service Attorney of the Year Award in 2009, while Big Brothers Big Sister of Long Island presented her with its Presidential Award.

The attorney received her Bachelor of Science from New York Institute of Technology, Master of Business Administration from Frank G. Zarb School of Business at Hofstra University and her law degree from Touro Law Center.



PATRICK O'SHAUGHNESSY, D.O.

PRESIDENT AND CHIEF EXECUTIVE OFFICER
CATHOLIC HEALTH

Dr. Patrick O'Shaughnessy is president and chief executive officer of Catholic Health, an integrated system of six acute care hospitals, three nursing homes, a home health service, hospice and a network of physician practices. The health system has nearly 16,000 employees and cares for hundreds of thousands of Long Islanders each year.

Since beginning his Catholic Health career as an emergency department physician, "Dr. O," as O'Shaughnessy is commonly referred to, is an accomplished executive with more than 20 years of strategy, innovation and operations experience. Before being chosen by Catholic Health's board to lead the health system in 2021, he served as executive vice president, chief medical officer and chief clinical officer.

O'Shaughnessy is passionate about addressing food insecurity. Under his guidance, Catholic Health created programs aimed at improving health and decreasing the risk of chronic disease for low-income individuals and families. He has aligned Catholic Health's resources to provide healthy food and patient-tailored nutrition- and disease-related information to individuals identified as food insecure.

He is also intensely focused on population health management and providing greater access to care to get upstream of disease and keep people healthier. Under his direction, Catholic Health is launching a progressive plan that offers preventive care and wellness, incorporates digital technology and uses advanced primary care to identify disease at an earlier state.

O'Shaughnessy earned his medical degree from the New York College of Osteopathic Medicine. He also holds two master's degrees, one in business administration from Adelphi University and the other in population health management from Thomas Jefferson University.

In addition to his responsibilities with Catholic Health, O'Shaughnessy has been appointed to a panel of the Long Island Regional Economic Development Council and serves on the boards of the New York Institute of Technology and the Long Island Association.