

Heart of the Community Award

is presented to

106 RQW FRG PO, Inc.

Mission: The 106 RQW FRG PO, Inc. in Westhampton, New York is a not-for-profit 501c(3) that has been organized exclusively for the charitable purpose to develop and sustain an effective family program that provides social interaction and education for members and their families of the 106 Rescue Wing Air National Guard.

It was through preparing for her husband's overseas deployment in 2019 and learning about the services, programs and support offered by the 106 Family Readiness Group at the 106th Rescue Wing in Westhampton, New York that Sophia Perna-Plank learned about 106 RQW FRG PO, Inc. During her husband's 2019-2020 deployment, Ms. Perna-Plank organized a food drive and winter coat, hat and glove drive to benefit Long Island veterans and 106th Rescue Wing members and families in need. Since then, she stays abreast of the support and programs offered by the 106 Family Readiness Group and 106 RQW FRG PO, Inc., and looks forward to future involvement.



L to R: Retired CMSgt Joseph Kruk, Deborah Kruk, President of the 106 RQW FRG PO, Inc.,
Sophia Perna-Plank, Jaspn Schlesinger LLP